

Patient Label

Pre-Laser Treatment Instructions

Prior to your treatment:

- Avoid any tanning for at least 2 weeks prior to treatment. This will also be required after treatments. Avoid self-tanning creams for at least 1 week prior to treatments.
- Do not use any medication that causes photosensitivity for at least 72 hours prior to laser treatments. If you are taking a prescription medication that causes photosensitivity, please contact your prescribing physician to discuss your options.
- Use of Retin-A (or products containing tretinoin) is acceptable up to 2 days before treatment, provided there is no skin reaction present.
- We recommend you avoid the use of aspirin, ibuprofen and other anti-inflammatory or blood thinning medications at least 3 days prior to treatments, as these will increase the potential for bruising.
- The treatment area must be free of any open sores, lesions or skin infections. If there is concern of a pigmented skin lesion, a punch biopsy will be performed.

The day of your appointment:

- Shave any hair present in the area to be treated, if having hair removal.
- Gently wash the area to be treated, removing makeup, lotion, etc. Do not apply any creams, lotions or other products to the area except topical anesthetic (if being used).
- If you have elected to use a topical anesthetic, apply as directed prior to arrival.
- If applicable, dress so that you may modestly expose the treatment area.
- The timing of each patient's appointment is critical. In order for us to keep all patients on schedule we ask that you please be on time for your appointments.

Day of Appointment: _____